

# Emotional and Social Development of Infants

## CHAPTER 8

### Study Guide

**Directions:** Answer the following questions as you read the chapter. They will help you focus on the main points. Later, you can use this guide to review and study the chapter information.

#### Section 8-1: Understanding Emotional Development of Infants

1. Distinguish between *emotional development* and *social development*. When do both begin? \_\_\_\_\_

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2. How are emotional and social development related? \_\_\_\_\_

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3. What are the five basic emotions? \_\_\_\_\_

4. What is *attachment*? Why is it important to a baby? \_\_\_\_\_

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5. What do psychologist Harry Harlow's experiments with monkeys suggest about the importance of attachment.

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6. Describe a situation that could lead to *failure to thrive*. How might this condition affect this person as an adult?

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7. Describe ways to build a sense of trust in a baby. \_\_\_\_\_

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8. What is *temperament*? \_\_\_\_\_

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9. Match each temperament trait to the correct description below.

Temperament Traits		
Perceptiveness	Adaptability	Sensitivity
Mood	Energy	First reaction
Intensity	Persistence	Regularity

A. Strength or weakness of emotional responses to events and to other people. \_\_\_\_\_

B. Determination to complete an action. \_\_\_\_\_

C. Strength of reaction to a person's own feelings. \_\_\_\_\_

D. Awareness of surroundings and tendency to be distracted by new things. \_\_\_\_\_

E. Ability to adjust to changes. \_\_\_\_\_

F. Tendency to follow set patterns in daily life. \_\_\_\_\_

G. Level of physical activity. \_\_\_\_\_

H. Degree of comfort with new situations. \_\_\_\_\_

I. Tendency to have a positive or negative outlook. \_\_\_\_\_

10. A crying baby doesn't seem to be hungry, in need of changing, hot or cold, or in need of burping. Describe three things you could try to comfort the baby.

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11. Compare the symptoms of *colic* and *reflux*. How are they similar? How are they different?

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**Emotional and Social Development of Infants**

**Chapter 8 continued**

12. What precautions should be taken if a baby is given a pacifier? \_\_\_\_\_

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13. How does the emotional climate among the adults in the home affect the baby? \_\_\_\_\_

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**Section 8-2: Understanding Social Development of Infants**

14. A baby's eyes can follow moving objects at about what age? \_\_\_\_\_

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15. At about what age can babies distinguish between family members? \_\_\_\_\_

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16. What can a parent do to reduce *stranger anxiety* when introducing a baby to a new person? \_\_\_\_\_

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17. How do babies learn social behaviors from caregivers? Give an example. \_\_\_\_\_

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18. Nine-month-old Andre grabbed the family cat by the tail and pulled on it. "No, Andre, that's not how we treat the cat," his mother said sharply. Then Andre's father said, "Look at the funny expression on the cat's face," and laughed. How might Andre respond to these messages? \_\_\_\_\_

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19. How are play and social development related? \_\_\_\_\_  
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20. Describe a way that the caregiver can encourage an eight-month-old to crawl. \_\_\_\_\_  
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\_\_\_\_\_
21. What are the characteristics of a good *play environment*? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
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22. A baby pours a cup of water on the floor and then splashes her hand in it repeatedly. Why is she doing this?  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
23. How is exploration linked to play? \_\_\_\_\_  
\_\_\_\_\_