



How to Bathe a Baby

Scan the QR Code to access the video and complete the following after viewing.

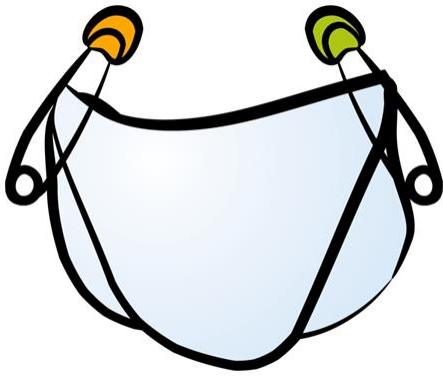
1. In order to keep the baby warm, you should set the room temperature to _____ degrees _____ minutes before bathing.
2. When is it safe to give a baby a bath?
3. Why is a towel placed in the bottom of the bathtub?
4. How often should you bathe a newborn?
5. How many inches of water is needed for a baby's bath?
6. True or False: It's okay to leave the baby alone for a few seconds to answer the phone.
7. Water temperature should be _____ degrees or _____. Explain how you test it.
8. True or False: Soap is necessary for a baby.
9. List the order in which you wash a baby.
10. Describe how you wash the baby's head.
11. Why should you comb the baby's scalp?



How to Burp a Baby

Scan the QR Code to access the video and complete the following after viewing.

1. Why do babies need to burp?
2. Identify when to burp based on the following feeding techniques.
 - Nursing:
 - Bottle-Feeding:
 - Both:
3. Steps 2-4 of the video demonstrate three different burping techniques. Describe them below. Draw pictures to supplement your descriptions.
 - Example A
 - Example B
 - Example C
4. True or False: It's okay if baby does not burp.

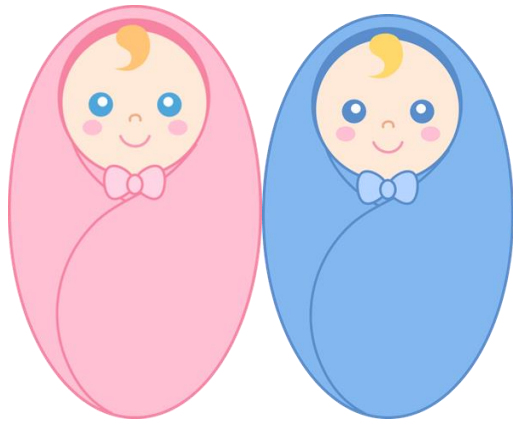


How to Change a Diaper

Scan the QR Code to access the video and complete the following after viewing.

1. The average newborn uses _____diapers a day.
2. What should the caregiver do before and after changing a baby's diaper?
3. What products can be used to treat or prevent diaper rash?
4. Describe two ways to keep baby from rolling off the changing table.
5. What activity can you do with baby while changing them?
6. Rank the following diaper changing steps in the correct order with #1 being the first step and #9 being the last step.
 - _____ remove dirty diaper
 - _____ pull clothes away from diaper
 - _____ wipe genital area clean
 - _____ secure tabs
 - _____ wrap and dispose of soiled diaper
 - _____ lift bottom, slide clean diaper in
 - _____ lift bottom to clean bottom
 - _____ air dry and apply creams if needed
 - _____ dress baby
7. How can you tell the difference between the front and back of a diaper?
8. Why should you keep a baby boys' genital area covered while changing them?

9. What direction should a boy's penis face when you secure the diaper?
Why?
10. How should you do to the diaper if the umbilical cord hasn't fallen off yet?
11. How should you handle a circumcised baby?
12. Why should you wipe the baby's genital area from front to back?
13. What might happen if a diaper is secured too tight or too loose?
14. List three types of diaper options do parents have to choose from.



How to Swaddle & Calm a Baby

Scan the QR Code to access the video and complete the following after viewing.

1. Blankets should be in what shape before folding?
2. Fold the _____ corner _____ and place baby's _____ even with the top _____. Draw what this should look like in the space below.
3. Describe the “two blanket” swaddling technique used in the video.
4. What can be done with the newborn's hands when swaddling them?

5. Describe the “Daddy Hold or Heisman Trophy Hold” and explain why baby likes this position.

6. Practice swaddling the “real care baby” at your station. Ask the teacher to watch you and initial here _____.

7. After you have swaddled the “baby”, try the “Daddy Hold” and share one safety tip that you would need to remember when using it.